

THE CAUSES AND CURE OF DEPRESSION

Psalm 77

I. NOTICE THAT DEPRESSION _____ US IN AT LEAST FOUR WAYS

- A. It _____ our spirit.
- B. It _____ our memory.
- C. It _____ us of sleep.
- D. It _____ our lips.

II. WHAT ARE THE MOST COMMON _____ OF DEPRESSION?

- A. A morbid, _____ outlook on life.
- B. An _____ conscience.
- C. A _____ spirit.
- D. Too much _____ introspection.
- E. _____ God out of our reckoning.

III. WHAT IS THE _____ FOR DEPRESSION?

- A. Admit and _____ it at once.
- B. _____ God “in the sanctuary”
- C. _____ yourself in the Lord.
- D. _____ to others of the Lord’s doings.